

Crossroads of Parenting & Divorce **DeKalb County Youth Service Bureau**

Crossroads of Parenting & Divorce is a five-step seminar designed to **prevent** behaviors that divorcing parents fall into out of anger or bitterness. These feelings and behaviors can cause parents to lose sight of children's needs.

This video-based seminar will help parents become aware of how their actions may inadvertently harm their children, show how to establish positive post-divorce co-parenting relationships, and provide them with the skills needed to stay child-focused while minimizing poor choices amidst conflict and loss.

In the 4 hour session, parents will learn how to implement the 5 prevention steps:

Step 1: Keep your child out of the middle.

Step 2: Allow your child to love both parents.

Step 3: Work on your own recovery.

Step 4: Develop new communication skills.

Step 5: Create a positive new relationship as co-parents.

Crossroads of Parenting & Divorce at YSB Upcoming Classes:

Thurs. February 7th
4pm-8pm

Thurs. February 21st
10am-2pm

Thurs. February 23rd
4pm-8pm

Thurs. March 28th
10am-2pm



YSB....For The Future of Youth

If you have a schedule conflict and cannot make one of our sessions, please call the office to discuss other date and time options

Sign up required at least 24 hours prior to the class start time.

Seminar fee of \$75 per person includes workbook and certificate of completion. To register, call 815-748-2010.

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