

# **Crossroads of Parenting & Divorce** **DeKalb County Youth Service Bureau**

*Crossroads of Parenting & Divorce* is a five-step seminar designed to **prevent** behaviors that divorcing parents fall into out of anger or bitterness. These feelings and behaviors can cause parents to lose sight of children's needs.

This video-based seminar will help parents become aware of how their actions may inadvertently harm their children, show how to establish positive post-divorce co-parenting relationships, and provide them with the skills needed to stay child-focused while minimizing poor choices amidst conflict and loss.

In the 4 hour session, parents will learn how to implement the 5 prevention steps:

**Step 1: Keep your child out of the middle.**

**Step 2: Allow your child to love both parents.**

**Step 3: Work on your own recovery.**

**Step 4: Develop new communication skills.**

**Step 5: Create a positive new relationship as co-parents.**

## **Crossroads of Parenting & Divorce at YSB Upcoming Classes:**

Thurs. February 21<sup>st</sup>

10am-2pm

4pm-8pm

Tues. March 26<sup>th</sup>

4pm-8pm

Thurs. March 28<sup>th</sup>

10am-2pm

4pm-8pm



*YSB....For The Future of Youth*

*\*\*If you have a schedule conflict and cannot make one of our sessions, please call the office to discuss other date and time options\*\**

**Sign up required at least 24 hours prior to the class start time.**

**Seminar fee of \$75 per person includes workbook and certificate of completion. To register, call 815-748-2010.**

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