

Crossroads of Parenting & Divorce **New Service Starting At DeKalb County Youth Service Bureau**

Crossroads of Parenting & Divorce is a five-step seminar designed to **prevent** behaviors that divorcing parents fall into out of anger or bitterness. These feelings and behaviors can cause parents to lose sight of their children's needs.

This video-based seminar will help parents become aware of how their actions may inadvertently harm their children, show how to establish positive post-divorce co-parenting relationships, and provide them with the skills needed to stay child-focused while minimizing poor choices amidst conflict and loss.

In just one 4 hour session, parents will learn how to implement the 5 prevention steps:

- Step 1:** Keep your child out of the middle.
- Step 2:** Allow your child to love both parents.
- Step 3:** Work on your own recovery.
- Step 4:** Develop new communication skills.
- Step 5:** Create a positive new relationship as co-parents.

Seminar schedule at YSB:

Monday, August 20th
4:00pm -8:00pm

Monday, September 24th
4:00pm -8:00pm

Seminar fee of \$75 per person includes workbook and certificate of completion. To register, call 815-748-2010.

