

Crossroads of Parenting & Divorce **DeKalb County Youth Service Bureau**

Crossroads of Parenting & Divorce is a five-step seminar designed to **prevent** behaviors that divorcing parents fall into out of anger or bitterness. These feelings and behaviors can cause parents to lose sight of children's needs.

This video-based seminar will help parents become aware of how their actions may inadvertently harm their children, show how to establish positive post-divorce co-parenting relationships, and provide them with the skills needed to stay child-focused while minimizing poor choices amidst conflict and loss.

In the 4 hour session, parents will learn how to implement the 5 prevention steps:

Step 1: Keep your child out of the middle.

Step 2: Allow your child to love both parents.

Step 3: Work on your own recovery.

Step 4: Develop new communication skills.

Step 5: Create a positive new relationship as co-parents.

Crossroads of Parenting & Divorce at YSB Upcoming Classes:

Mon., September 24th

4pm -8pm

Thurs. October 25th

4pm -8pm

Mon. October 29th

10am-2pm

Mon. November 12th

10am-2pm

Thurs. November 29th

4pm -8pm



YSB....For The Future of Youth

If you have a schedule conflict and cannot make one of our sessions, please call the office to discuss other date and time options

Seminar fee of \$75 per person includes workbook and certificate of completion. To register, call 815-748-2010.

330 Grove St., DeKalb, IL 60115 ♦ (815) 748-2010 ♦ fax (815) 748-2019 ♦ www.dccysb.com