

Crossroads of Parenting & Divorce **New Service Starting At DeKalb County Youth Service Bureau**

Crossroads of Parenting & Divorce is a five-step seminar designed to **prevent** behaviors that divorcing parents fall into out of anger or bitterness. These feelings and behaviors can cause parents to lose sight of their children's needs.

This video-based seminar will help parents become aware of how their actions may inadvertently harm their children, show how to establish positive post-divorce co-parenting relationships, and provide them with the skills needed to stay child-focused while minimizing poor choices amidst conflict and loss.

In just one 4 hour session, parents will learn how to implement the 5 prevention steps:

Step 1: Keep your child out of the middle.

Step 2: Allow your child to love both parents.

Step 3: Work on your own recovery.

Step 4: Develop new communication skills.

Step 5: Create a positive new relationship as co-parents.

Seminar schedule at YSB:

FEB 1: 4:00-8:00 pm

FEB 13: 1:30-5:30pm

MARCH 1: 4:00 -8:00 pm

MARCH 13: 1:30-5:30pm

APRIL 5: 4:00 -8:00 pm

APRIL 17: 1:30-5:30pm

MAY 3: 4:00 -8:00 pm

MAY 16: 1:30-5:30pm



YSB....For The Future of Youth

Seminar fee of \$75 per person includes workbook and certificate of completion. To register, call 815-748-2010.