

# YSB's Voices

## Empowerment Group

The Voices Empowerment Group (Voices) encourages girls, to seek and celebrate their “true selves” by giving them a safe space, encouragement, structure and support to embrace their important journey of self-discovery. A strength-based approach helps them identify and apply their power and voice as individuals and as a group focusing on issues that are important in the lives of adolescent girls. Topics include learning about self, connecting with others, exploring healthy living and planning for the future. The aim of the program is to provide education and supportive counseling geared toward the specific needs of adolescent girls

6<sup>th</sup> - 8<sup>th</sup> Grade

Every Monday starting October 19<sup>th</sup>  
@3pm

Meeting Dates:

10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7, 12/14

Enrollment in this group is **Free!**

**REGISTER HERE:**

<https://tinyurl.com/y6lmrsjd>

330 Grove St. Dekalb, IL 60115    815.748.2010

Please have your child arrive a few minutes early so we can provide COVID-19 check in procedures.

Space is limited due to COVID-19 Social Distancing Policies

